

CSP Welsh Board Newsletter December 2024 In-person meeting held in Cardiff

CSP Welsh Board welcomed Chair of CSP Council Sylvia Wojciechowski & Welsh Government Chief Allied Health Professions Advisor Ruth Crowder. Two 'Sharing Good Practice' presentations were made by Charlotte Crocker on ALAS services in Swansea Bay UHB and Vicki Jennings from ABUHB on the AGORED Level 4 Therapy Assistant Practitioner apprenticeship. **Thanks to our presenters!**



Charlotte Crocker



Vicki Jennings

Important changes to the professional advisory committee (WAHPC) to Welsh Government

CAHPA Ruth Crowder talked to the Board about the changes being brought forward for the Welsh AHP advisory machinery to Welsh Government. A new slimmed down executive committee will have just 8 members which will act as an organising committee. This committee will work with a new AHP forum which will be known as the 'AHP Network.' Groups that meet on an all-Wales basis or hold a regular forum in Wales are invited to register a lead contact in order to provide Welsh Government with a wide range of groups, across professions, that they can tap into. It is likely that there will be one big meeting/year for the AHP Network and it may be that events are set up around specific areas as required, for example, Children's Services.

ACTION for CSP Members! – There are 2 forms to be completed, a nomination form and a privacy form. If you are involved in a clinical group within Wales, please get a nomination in. This way, your speciality area will be part of the AHP Network. To access the paper explaining about the new executive committee and the 2 forms to be submitted contact Jenny Francis (francisj@csp.org.uk) or Non Griffiths (non.griffiths2@wales.nhs.uk). Don't delay....do it today!

Key Message about Physiotherapy UK 2025 – It is going to be held in the ICC Newport. Welsh Board would love to see lots of engagement from Wales. Look at the website for all the details you need. The overall title of the conference is 'Future Directions in Physiotherapy.' The 4 themes are: Transforming Technology, Active Lives, Rehabilitation Challenges and Future Workforce. There is the option of running a symposium/workshop or presenting an Abstract around one of these themes. If you submit an abstract and are selected you may be asked to present in a 'rapid five' session or present a poster. The Board is really keen to see lots of members from Wales involved as well as attending the event. <https://www.csp.org.uk/news-events/csp-annual-conference> Submission is now open for a symposium/workshop, closing date 5th of February. Abstracts – submissions open from 6th of January closing at 11.59am on 9th of April. The website has all the information you need.



The Board was so pleased to welcome Chair of CSP Council Sylvia who has been a regular attendee to our meetings and congratulate her on her election as Chair.

Seen here with Leighton our WB Chair and Ruth Crowder the Welsh Government Chief Allied Health Professions Advisor (CAHPA) who is always an excellent guest at our December 'in person' meeting.

Ruth mentioned the **Welsh Government 50-day winter pressure challenge**

<https://www.gov.wales/new-50-day-challenge-improve-hospital-discharge-and-community-care>

and asked members to spread the word and provide her with details on any initiatives to decrease waiting times.

For Action

Equity, Diversity and Belonging

Our EDB rep, (and also now a CSP Council member!) Manessa Faal provided an update on the work the CSP Wales Reps Equality Group have been doing across Wales. In particular, they have been looking at support for Internationally trained members of staff. The group has created some amazing resources. <https://sway.office.com/c2q2HADzqqvFqUhl>

The group is always looking for new members so if you are interested, please get in touch.

For Use – And Action if you want to get involved

Cat Chin, the CSP Professional Advisor in Wales couldn't be with us in person but sent a fabulous presentation with updates.

International Resources are now available on the CSP website

<https://www.csp.org.uk/careers-jobs/working-united-kingdom>

The **'On Call' Hub** is now available with plenty of advice

<https://www.csp.org.uk/workplace/workplace-rights/on-call-hub>

For Information and Use



Cat also highlighted 2 new areas of information:

HCPC Standards of Conduct - <https://www.csp.org.uk/frontline/article/hcpc-standards-conduct-right-direction> and

Working with Transgender People in Physiotherapy Practice – new guidance from the CSP <https://www.csp.org.uk/publications/working-transgender-people-physiotherapy-practice>

For Information and Use

Annual Representatives Conference 2025

Welsh Board is asking if you have any suggestions for motions to ARC. Is there something you think the CSP should be doing? In the main, motions are mostly related to supporting members in their working lives but it's not exclusively this so any ideas.... Send them to Jenny Francis (francisj@csp.org.uk).

For Action

Alices' Road to Recovery Tool – have you heard about this? A Virtual Rehabilitation Tool

Here's the link for people to find more information on the Alice's Road to Recovery Tool immersive experience. The CSP are also keen for people to become rehab champions.

<https://www.csp.org.uk/professional-clinical/improvement-innovation/rehabilitation-community-rehab-recovery/alices-road>

Use and share the experience:

<https://www.csp.org.uk/roadtorecovery>

Read the guide on how to use it in influencing:

Alice's Road to Recovery: showcasing the power of rehab | The Chartered Society of Physiotherapy.

For Interest & Use

Are you a CSP member? This newsletter provides some useful resources and feedback – but if you were a member of the CSP you would get so much more! The CSP is there for physios, support workers and students. If you are not a member... why not? Join the CSP now!

<https://www.csp.org.uk/join-csp>

For Action

Keeping in touch with the CSP in Wales

Are you following **@CSPWales** on X?

Are you following the 'team CSP Wales's officers on X?

@CalumCSP – Calum Higgins, Public Affairs and Policy Manager for Wales

(awaiting details) - CSP Senior Negotiating Officer for Wales and West Midlands

@Catchin87 – Cat Chin, CSP Professional Advisor in Wales

@CSPHayley – Hayley Downey, Campaigns and Regional Engagement Officer for Wales

@JennyFrancis88 – Jenny Francis, CSP Administrator in Wales

@physiospilz – Alice Spilsbury, ERUS Organising Officer for Wales and West Midlands

Are you signed up to receive regular CSP bulletins? Make sure your details are up to date on the CSP website and you have signed up to all the i-CSP bulletins you want to receive. There's loads of valuable information and peer support that you can tap into from the CSP and i-CSP from other members that you link with via networks.

Living and working in Wales, you will be part of the Wales network – and you will receive information relevant to the CSP membership in Wales.

For Action

Some additional pics

Leighton in his Christmas jumper, Calum leading a discussion on what the CSP will be including in our messages to inform the party-political manifestos for the 2026 Senedd Election and our session with Ruth Crowder.

