

Introduction to the Personalised Care Institute (PCI)

Dr Jenni Naisby

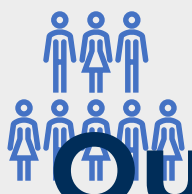
Clinical Support Fellow

11th January 2022

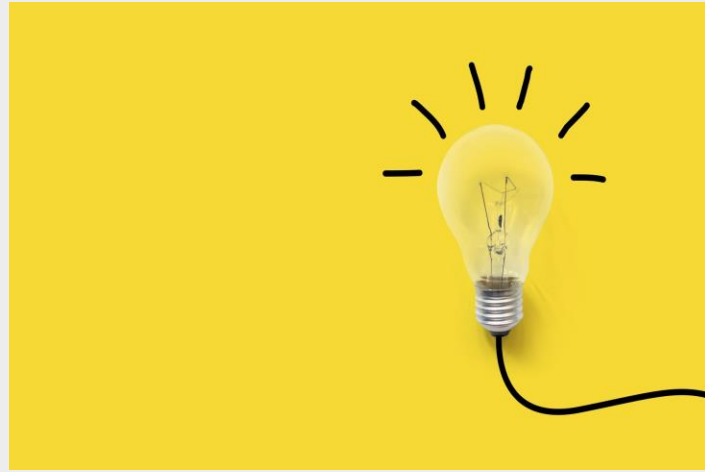
Jenni.Naisby@personalisedcareinstitute.org.uk



Personalised
Care Institute



Our time this evening...





Personalised
Care Institute



Personalised
Care Institute

PCI - The home of Personalised Care education

The Personalised Care Institute (PCI) is the home of personalised care education in the UK.

We're equipping health and care professionals with the **knowledge, skills and confidence** to help patients get more involved in decisions about their care.

Evidence shows this leads to better health outcomes and increased patient and clinician satisfaction.

A passionate team, we set the standards for **evidence-based** personalised care training

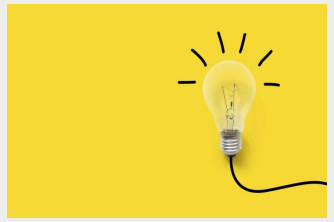
The journey so far

To help staff involved in people's health and care develop the knowledge and skills to support the implementation of the NHS Long Term Plan and the Comprehensive Model for Personalised Care.

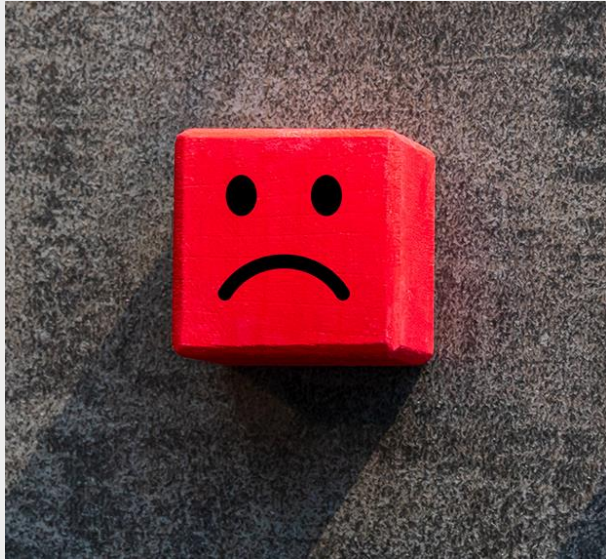
We have developed the first ever curriculum for personalised care, which forms the basis of our training and that of our accredited providers

Aim to develop the **skills and behaviours of 75,000 clinicians and professionals** by 2024

Personalised care: What matters?



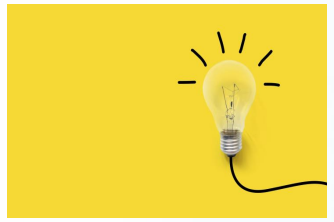
What's the matter with you?



What matters to you?



A new relationship between people, professionals and the health and care system



Change in power and decision making

Whole system approach

Different parts of the health system are brought together



Universal Personalised Care: Implementing the Comprehensive Model



Population needs

People with one or more
long term condition
Individuals over 65

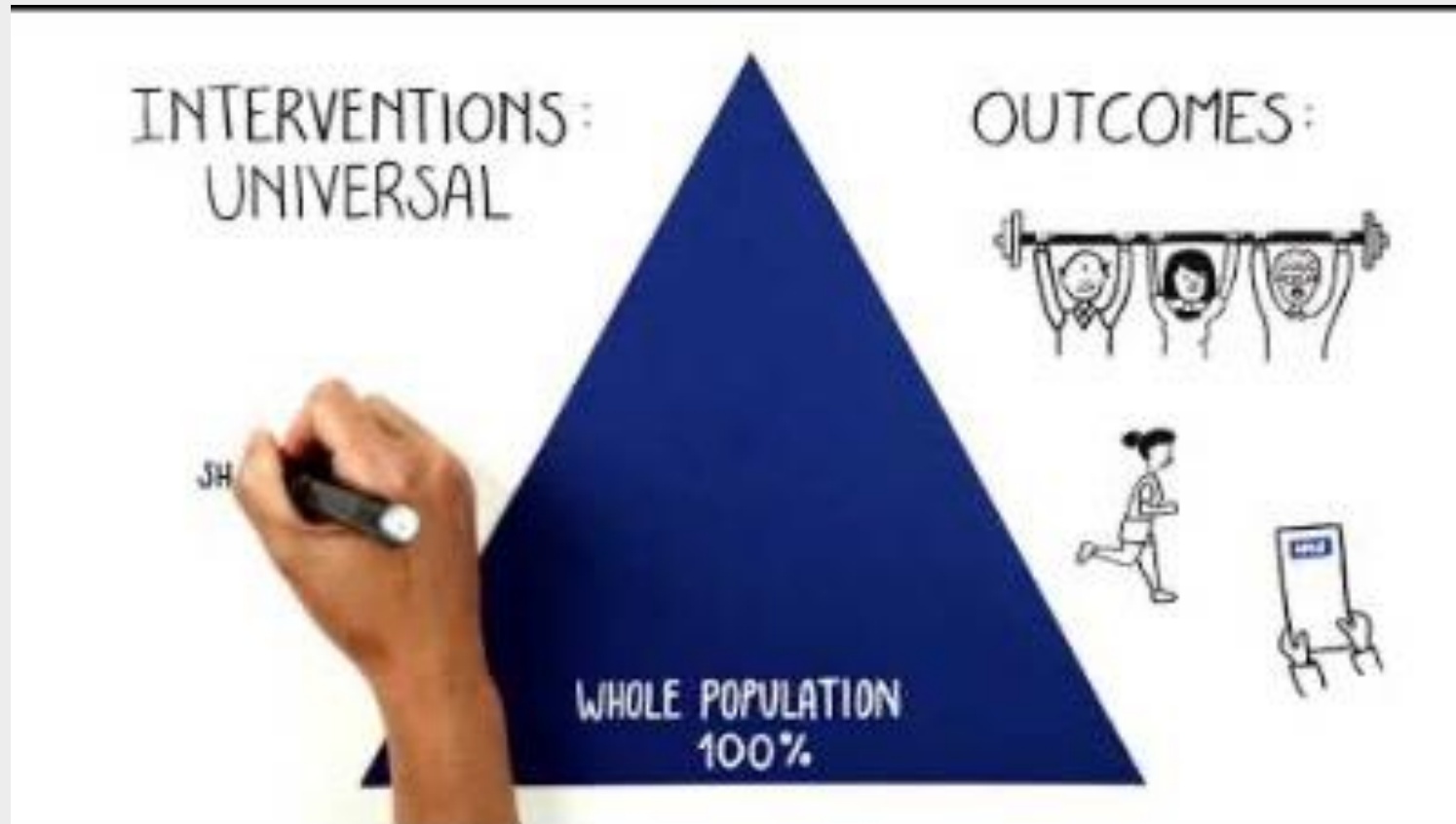
Why?

Increase involvement

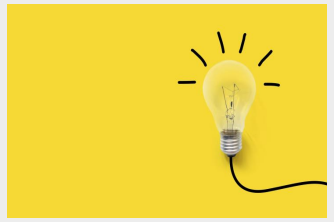
**Develop knowledge, skills,
confidence**



Personalised care for people, professionals and the health and care system



Personalised care for people, professionals and the health and care system



Whole systems approach

Reduce health inequalities

Choice and what matters to individuals

More successful therapeutic partnerships

Opportunity for shared decision making

Improved health and wellbeing

Job and services impact

Our curriculum

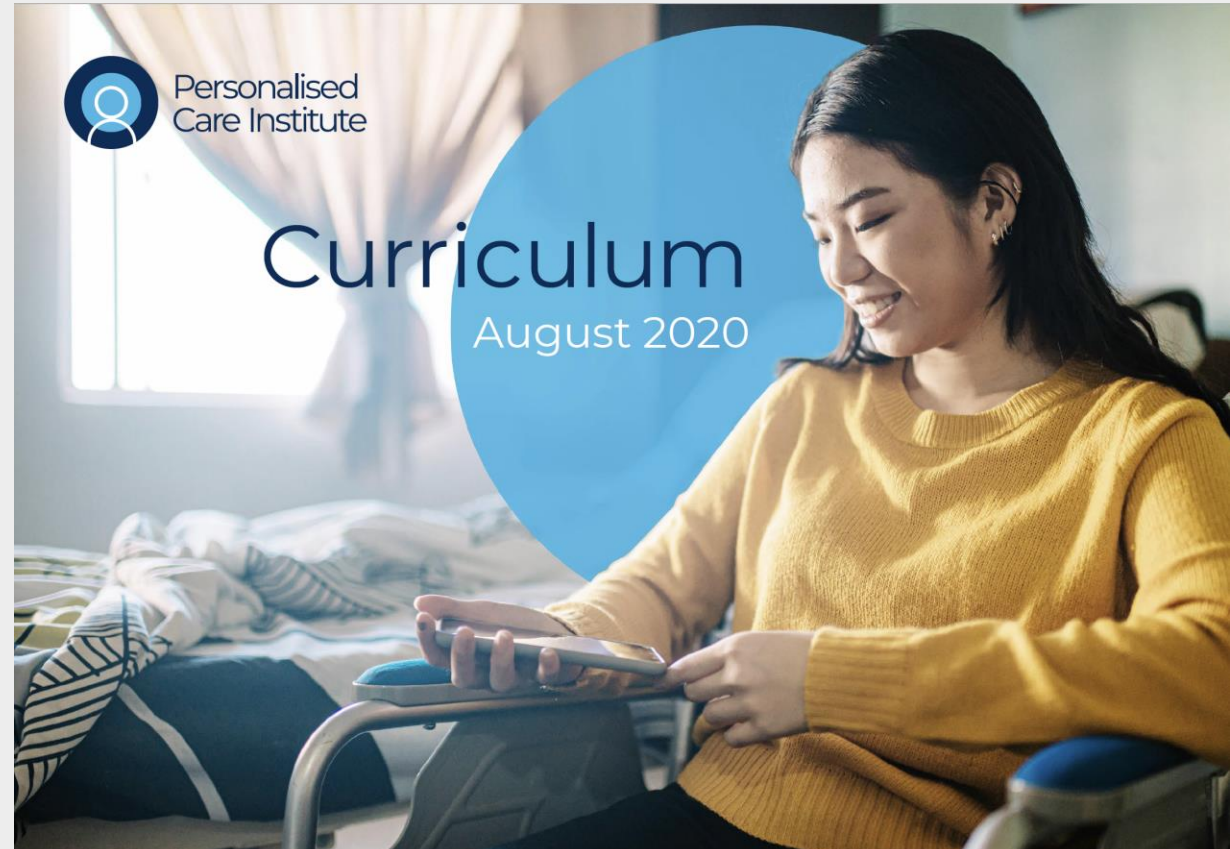
E-learning

Webinars and podcasts

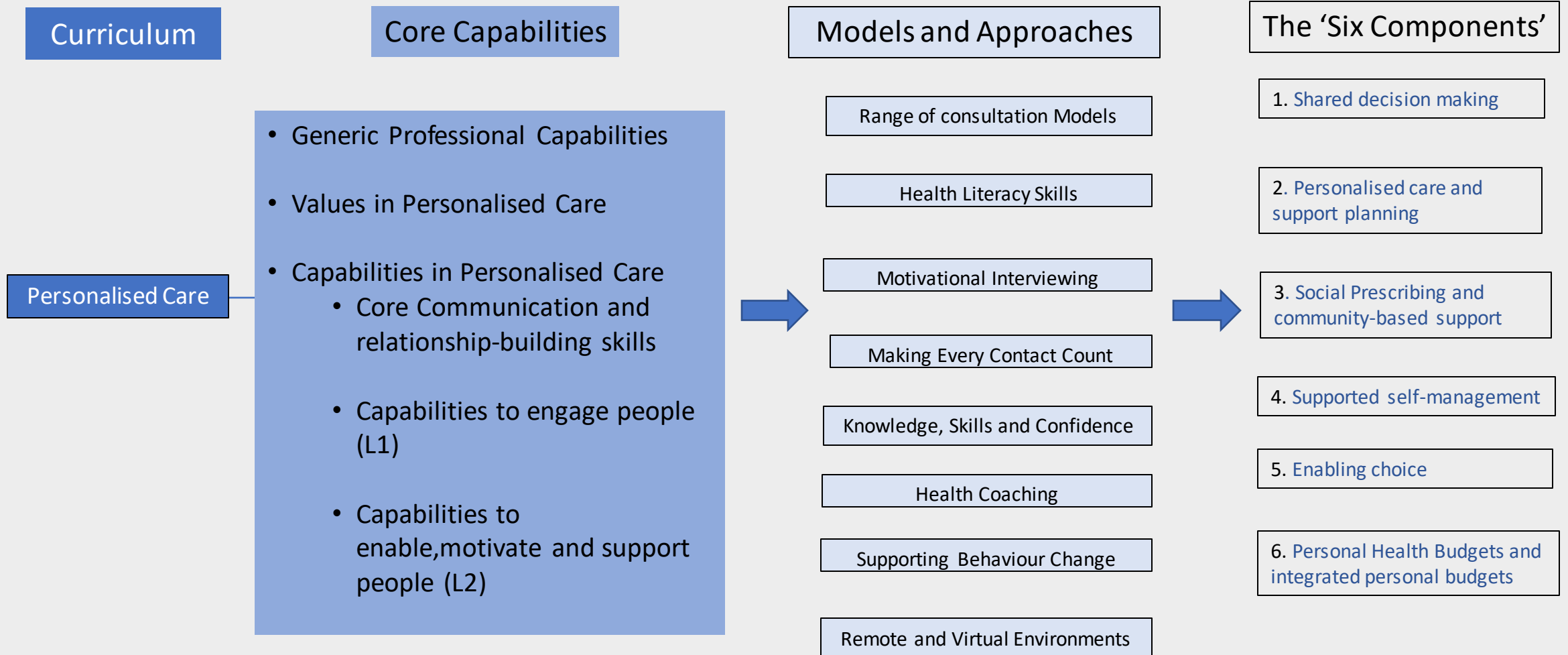
Website and resources

Curriculum

Describes the quality standards, educational aims and high-level learning outcomes for delivering care according to NHSE/| *Comprehensive Model for Personalised Care*



The curriculum structure




E-learning modules

Core skills

Shared decision making

Personalised care and support
planning

Remote and virtual
environment – in development














eLearning

Our free courses are designed to give you the foundations to embed personalised care within your practice and take just 30-60 minutes to complete.

[Start Learning](#)

Webinars and podcasts

 <p>WEBINAR - PERSONALISED CARE AND SUPPORT PLANNING</p>	 <p>WEBINAR - HEALTH COACHING: ADVANCING YOUR CAPABILITIES</p>	 <p>Episode 3 The role of personalised care in tackling health inequalities with guests Dr Bola Owalabi, Dr Selena Stellman and Dr Benjamin Ellis PODCAST - HEALTH INEQUALITIES Personalised</p>
 <p>WEBINAR - HEALTH LITERACY SKILLS TO SUPPORT SHARED DECISION MAKING</p>	 <p>PODCAST - LONG-COVID AND PERSONALISED CARE</p>	 <p>WEBINAR - DEPRESSION IN OLDER ADULTS - DISPELLING THE MYTHS</p>
 <p>SHARED DECISION MAKING MASTERCLASS</p>	 <p>PODCAST - WOMEN'S HEALTH AND MENOPAUSE</p>	 <p>PODCAST - VETERANS CARE AND SOCIAL PRESCRIBING</p>
 <p>WEBINAR - HOW TO COMMISSION EXCELLENT TRAINING IN PERSONALISED CARE</p>	 <p>WEBINAR - TRAINING, SUPPORTING AND EMBEDDING NEW PERSONALISED CARE ROLES</p>	

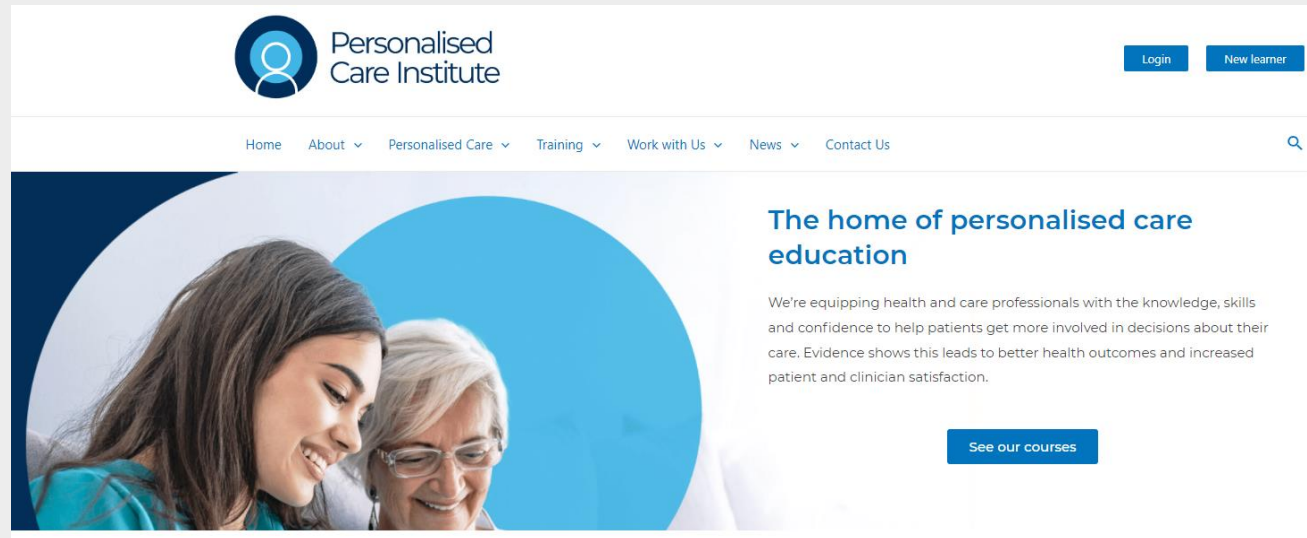
eLearning, Events, Podcasts and Accredited Training

87% of 2,732 healthcare professionals undertaking PCI training strongly agreed that the training would have a positive impact on their day to day practice

“The training reframed many of the techniques I already used and put them into a more structured setting, so that I know where I am going.”

“I found the course empowering. It was a helpful reminder of just how crucial it is to partner with patients to bring about beneficial change, rather than taking the role of an instructor or preacher.”

Join more than 5,000 learners and start your personalised care learning journey



Web: www.personalisedcareinstitute.org.uk

Email: info@personalisedcareinstitute.org.uk

Twitter: [@Pers_Care_Inst](https://twitter.com/Pers_Care_Inst)

Resources and references

- Coulter A, Entwistle VA, Eccles A, Ryan S, Shepperd S, Perera R. Personalised care planning for adults with chronic or long-term health conditions. Cochrane Database of Systematic Reviews 2015, Issue 3. Art. No.: CD010523. DOI: 10.1002/14651858.CD010523.pub2
- Deeny, S., Thorlby, R. and Steventon, A., 2018. Briefing: Reducing emergency admissions: unlocking the potential of people to better manage their long-term conditions. London: The Health Foundation.
- Hoffmann, T.C., Legare, F., Simmons, M.B., McNamara, K., McCaffery, K., Trevena, L.J., Hudson, B., Glasziou, P.P. and Del Mar, C.B., (2014) Shared decision making: what do clinicians need to know and why should they bother?. Medical Journal of Australia, 201(1), pp.35-39.
- NHS (2019) NHS Long Term Plan [Online] Available at: NHS Long Term Plan[Online] Available at: <https://www.longtermplan.nhs.uk/wp-content/uploads/2019/08/nhs-long-term-plan-version-1.2.pdf>
- NHS (2019) *Universal Personalised Care: Implementing the Comprehensive Model*, [Online] Available at: <https://www.england.nhs.uk/wp-content/uploads/2019/01/universal-personalised-care.pdf>
- NHS personalised care [Online] Available at: <https://www.england.nhs.uk/personalisedcare/>.
- The Kings Fund 'Shared responsibility for health' [Online] Available at: <https://www.kingsfund.org.uk/publications/shared-responsibility-health>
- Pel-Littel, R.E., Snaterse, M., Teppich, N.M., Buurman, B.M., van Etten-Jamaludin, F.S., van Weert, J.C., Minkman, M.M. and op Reimer, W.J.S., 2021. Barriers and facilitators for shared decision making in older patients with multiple chronic conditions: a systematic review. BMC geriatrics, 21(1), pp.1-14.