

**BACPAR WEST  
MIDLANDS  
23<sup>RD</sup> APRIL 2015**

Hilary Smith  
Queens Hospital  
Burton-on-Trent

# WRONG PRESCRIPTION?

- ◉ Gentleman aged 50
- ◉ 25 year history type 1 diabetes
- ◉ PMH #wrists, ribs and elbow
- ◉ Previous amputation 1<sup>st</sup> and 2<sup>nd</sup> toes right foot in 2012
- ◉ Amputation left leg, trans-femoral, March 2013 at a different hospital (he was on holiday)

# ASSESSMENT APRIL 2013- QHB

- ⦿ No problems with sight, hearing or speech
- ⦿ Full ROM upper limbs except L wrist
- ⦿ Full ROM hips, R knee, R foot, R ankle
- ⦿ Power 5/5 upper and lower limbs
- ⦿ Good standing balance and tolerance
- ⦿ Last walked on day prior to T-F amputation

# SOCIAL

- ◉ Lives alone, ground floor flat, rented
- ◉ Unemployed for 5 years
- ◉ Hobbies- fishing, motorbikes, jet skiing
- ◉ Independent with all ADLs prior to amputation
- ◉ Walked without walking aids, no limits
  
- ◉ Known to the PTAP at the Diabetic Foot Clinic- poor attender, PTAP reported a tendency to disregard footcare advice.....

## ALSO NOTE....

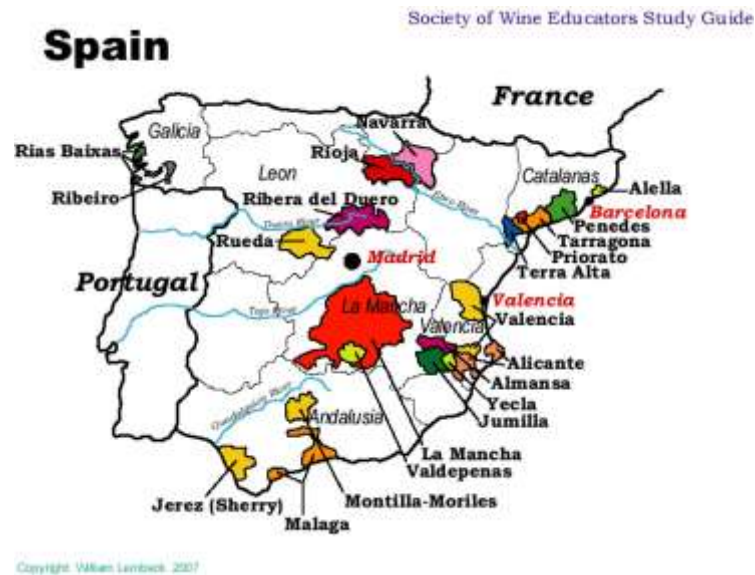
- ⦿ He self-discharged post-amputation with a pair of crutches
- ⦿ I provided a wheelchair on 16/4/13 and warned him against hopping (risks to contralateral foot)
- ⦿ On 25/4/13 he went shopping- “on foot”

# BENEFIT OF THE DOUBT...

- ◉ Following discussion, I felt that he needed a leg which would help to match his active lifestyle- simple weight activated knee
- ◉ Prescribed a 3R49 and TRIAS foot
- ◉ Gait training in parallel bars 11/6/13; 13/6/13; 17/6/13
- ◉ Failed to attend 20/6/13; 24/6/13; 25/6/13
- ◉ He rang to reappoint 19/7/13 -FTA

# SPAIN....

- 22/7/13 he rang and asked to take his leg to Spain
- Denied permission-spoke to Physio, Prosthetist and MO (he had not progressed to walk out of parallel bars)



# BACK IN THE COUNTRY...

- 10/4/14 -rang for appointment in Physio
- 17/4/14 seen in Rehab, needed socket refit, then unable to control knee fully in stance phase due to decreased glut strength and loss of full hip extension; had to leave the following walking training session early due to other commitments
- DNA 24/4/14; 1/5/14



# DISCLAIMER...

- ◉ Some months later he rang to ask if he could sign a disclaimer so that he could take his leg home “at his own risk”
- ◉ I explained (with the advice and support of the Limb Centre Manager) that the disclaimer would be invalid until he was proficient with his limb
- ◉ I offered a SAKL - he turned it down
- ◉ Reappeared for gait training 18/9/14;  
22/9/14
- ◉ Using one stick and one rail 25/9/14

# PROGRESS?

- Using 2 sticks, still unsteady, on 30/9/14- and we discussed that he should be ready to take his limb home on the next appointment

- DNA 2/10/14

SO....

- ⦿ Should I have taken account of his frequent DNA's at Diabetic Foot Clinic, and just recommended a SAKL so that he could “up and go” with less training?